

Banh Mi Bay

FITZROVIA TAKE OUT MENU

Appetisers / Snacks

Banh Phong Tom - Chilli and Plain Prawn Crackers £2.00

Goi Cuon - Summer Rolls £4.95

Tiger prawns, sliced pork, rice vermicelli, lettuce and Vietnamese herbs wrapped in rice paper, served with a peanut hoi sin dipping sauce.

Bi Cuon - Caramel Pork Summer Rolls £4.95

Shredded caramel pork, rice vermicelli, lettuce and Vietnamese herbs wrapped in rice paper. Served with nuoc mam dipping sauce.

Goi Cuon Chay - Vegetarian Summer Rolls £4.95

Sliced tofu, rice vermicelli, lettuce and Vietnamese herbs wrapped in rice paper. Served with a peanut & hoi sin dipping sauce.

Cha Gio - Vietnamese Spring Rolls £5.25

Fried pork and prawn rolls with lettuce for wrapping and nuoc mam dipping sauce.

Cha Gio Chay - Vegetarian Vietnamese Spring Rolls £5.25

Served with crisp lettuce for wrapping and a vegetarian nuoc mam dipping sauce.

Main Dishes

Rice Box - Steamed rice, served with sliced cucumber, tomato, pickled carrot and mooli and your choice of meat/tofu:

<i>Grilled Satay Chicken</i>	£7.50
<i>Grilled Garlic Pork</i>	£7.50
<i>Grilled Lime Prawn</i>	£7.95
<i>Grilled Lemongrass Beef</i>	£7.95
<i>Stir Fried Tofu & Mushroom</i>	£7.50
<i>Crispy Roast Pork Belly</i>	£7.95
<i>Vietnamese Chicken Curry</i>	£7.95
<i>Bay Special: Chargrilled pork, shredded caramel pork, steamed crab & pork meatloaf</i>	£7.95

Pho Noodle Soup - Flat rice noodles in an aromatic beef broth, served with herbs and seasoning sauces

<i>Rare Beef Pho</i>	£7.95
<i>Cooked Beef Flank Pho</i>	£7.95
<i>Tender Beef Brisket Pho</i>	£7.95
<i>Rare Beef, Flank & Brisket Pho</i>	£8.25
<i>Chicken Pho</i>	£7.95
<i>Mixed Beef & Chicken Pho</i>	£8.25
<i>Tofu and Vegetable Pho (Vegan Broth)</i>	£7.95

Bun Vermicelli Noodle Salad - with crushed peanuts & nuoc mam dressing:

<i>Chargrilled Satay Chicken</i>	£7.50
<i>Chargrilled Garlic Pork</i>	£7.50
<i>Chargrilled Lime Tiger Prawn</i>	£7.50
<i>Chargrilled Lemongrass Beef</i>	£7.50
<i>Vegan Tofu</i>	£7.50
<i>Vietnamese Chicken Curry</i>	£7.95
<i>Spring Roll / Vegetarian Spring Roll</i>	£7.95
<i>Crispy Roast Pork Belly</i>	£7.95

Banh Mi Baguettes

£6.50

Baguettes filled with pickled carrot and mooli, sliced cucumber, coriander, fresh chilli and a choice of a main baguette filling.

<i>Banh Mi Thit - Spiced Pork</i>
<i>Banh Mi Bi - Shredded Caramel Pork</i>
<i>Banh Mi Cha Lua - Pork Roll</i>
<i>Banh Mi Tau Hu - Vegetarian Tofu</i>
<i>Banh Mi Dac Biet - Bay Special: pate, spiced pork and pork roll</i>
<i>Banh Mi Ga Sa Te Nuong – Grilled Chicken Satay</i>
<i>Banh Mi Thit Heo Nuong – Grilled Pork</i>
<i>Banh Mi Tom Nuong – Grilled Prawn</i>
<i>Banh Mi Thit Bo Nuong – Grilled Beef</i>

Banh Mi Cari Ga – Chicken Curry with plain baguette on the side £7.50

Banh Mi Heo Quay – Crispy Roast Pork Belly £6.50