

Banh Mi *Bay* at Holborn

Appetisers & Sides

Summer Rolls

rice vermicelli, lettuce, viet herbs wrapped in rice paper, peanut hoi sin dipping sauce (p)

prawn & pork (sf,g) / tofu (s,g) £5.5

Banh Xeo - Savoury Viet Pancake

rice flour & turmeric batter, filled with chow chow & beansprouts, side salad, nuoc mam dipping sauce (f).

prawn (sf) / pork / tofu (s,g) £8
prawn & pork (sf) £8.5

Vietnamese Fried Chicken Wings

gluten free potato flour & egg white batter, deep fried and dipped in a tangy chilli fish sauce (f,e)
£6.5

Tamarind Prawns

jumbo prawns, tamarind sauce, morning glory water spinach, chilli & spices (sf,f)

3pcs £9

Vietnamese Spring Rolls

deep fried rolls, lettuce for wrapping, nuoc mam dipping sauce.

pork & prawn (sf, f) / taro & veg (g) £6

Banana Blossom & Herb Salad

shredded banana blossom, carrot, coriander, viet herbs, fish sauce dressing, crushed peanuts, chilli,

tofu (s,f) / prawn (sf,f) / pork (f) £7
prawn & pork (sf,f) £7.5

White Cabbage & Hot Mint Salad

shredded cabbage, onion, hot mint, fish sauce dressing, crushed peanuts, chilli

Tofu (s,f) / chicken (f) £7

Chilli & Plain Prawn Crackers (sf)

£2

Banh Mi Baguettes

with pickled carrot & mooli, cucumber, coriander, fresh chilli

Cold Fillings £7.5

spiced rolled pork belly (g,e)
vegan tofu (s,g)

bay special (s,g,e,d)
(pate, spiced pork and pork roll)

Hot Fillings £7.5

grilled satay chicken (g,p)

grilled garlic pork (g)

grilled lemongrass beef (g)

grilled lime leaf prawns (g, sf)

cari ga - chicken curry £10
with plain baguette on the side (g)

dairy (d) gluten (g), fish (f), shellfish (sf), soyabean (s), egg (e), peanut (p)

Mains

Pho Noodle Soup

flat rice noodles , 8hr beef broth, side Viet herbs. (*g in hoi sin sauce*)

- rare / flank / brisket beef £10
- chicken £10
- mixed beef £12
- mixed beef & chicken £12
- vegan tofu (vegan broth) £10
- extra noodles £1
- extra meat £2

Bun Vermicelli Noodle Salad

sautéed spring onion, lettuce, mint, cucumber, beansprouts, pickled carrot & mooli, roasted peanuts, fried shallots, nuoc mam dressing (*f*)

- tofu (*s,g*) / garlic pork / satay chicken (*p*) £10
- lime leaf prawn / lemongrass beef £11
- spring roll / seabass fillet £12
- extra meat £2
- extra spring roll (*sf*) £2

Mi Xao

thin egg noodles, seasonal vegetables, seasoning sauce (*g*)

- vegan tofu (*s*)/ chicken £10
- prawn (*sf*) / beef £11
- extra meat £2

Hu Tieu Xao

stir fried flat rice noodles, seasonal vegetables, seasoning sauce (*g*)

- vegan tofu (*s*,)/ chicken £10
- prawn (*sf*) / beef £11
- extra meat £2

Rice Plate

Steamed rice

- tofu & veg (*s,g*) / garlic pork / satay chicken (*p*) £10
- lime leaf prawn (*sf*) / lemongrass beef chicken curry £12
- extra meat add £2
- with egg fried rice add £2

Grilled Honey Soy Chicken £12

chicken on the bone, honey garlic marinade, leaves, pickled carrot & mooli, steamed rice (*g*)

Stir Fried Tofu £9

with market greens, sweet soy (*s.g*)

Pan Fried Seabass £13

pan fried seabass fillet, fragrant spicy mango & herb salad, side nuoc mam dipping sauce, steamed rice (*f*)

Tamarind Prawns

jumbo prawns, tamarind sauce, morning glory water spinach, chilli & spices (*sf,f*)

3pcs £10 / 5pcs £15

5 Spiced Lamb £15

fragrant cubed lamb chops, onion, bell peppers, lemongrass and spices on a sizzling platter

Sides

Clear Broth Soup £4

refreshing clear pork broth with a daily veg (*f*)

Saigon Egg Fried Rice £4

aromatic with shallots & spring onion (*e*)

Steamed Rice £3

Wok Fried Morning Glory £7

garlic, sweet soy (*g,s*)

Wok Fried Beansprouts £5.5

spring onion, sweet soy (*g,s*)